## I claim:

- 1. A flotation device for supporting a person in a volume of water, said volume of water defining a surface of water, said person having a trunk defining a trunk front surface and a trunk rear surface, said person also having a head, a pair of arms and a pair of legs all extending from said trunk, said legs merging into a crotch; said flotation device comprising:
- a substantially buoyant body, said body having a substantially elongated configuration, said body defining a body longitudinal axis, a body first longitudinal end and a substantially opposed body second longitudinal end, said body also defining a body first main surface and an opposed body second main surface;
- a seat component extending substantially outwardly from said body first main surface intermediate said body first and second longitudinal ends;
- said body and said seat component being configured, sized and positioned relative to each other so as to allow said device to buoyantly support said person in said volume of water in both a reclining and a sitting position wherein when in said reclining position, said body is in a substantially flat configuration and, wherein when in said sitting position, said body is substantially bent about a bending location positioned substantially adjacent to said seat component so as to allow at least part of said body first surface located between said body first longitudinal end and said seat component to abuttingly support at least part of said trunk rear surface and so as to also allow said seat component to extend between said legs adjacent said crotch of said person for abuttingly supporting

the latter.

- 2. A flotation device as recited in claim 1 wherein said body is made out of a substantially resiliently bendable material at least adjacent to said bending location.
- 3. A flotation device as recited in claim 1 wherein said bending location is located intermediate said seat component and said body second longitudinal end.
- 4. A flotation device as recited in claim 1 wherein said body has a substantially "J"-shaped configuration when used in said sitting position for supporting said person in said volume of water.
- 5. A flotation device as recited in claim 1 wherein said body defines a pair of opposed body lateral edges, said body lateral edges tapering towards each other from a tapering location towards said body second longitudinal end.
- 6. A flotation device as recited in claim 5 wherein said tapering location is located intermediate said body second longitudinal end and said seat component substantially adjacent to the latter.
- 7. A flotation device as recited in claim 5 wherein said body lateral edges are configured and sized to allow at least a portion of said legs of said person to be

located outside said body lateral edges when said flotation device is in said sitting position.

- 8. A flotation device as recited in claim 5 wherein said body lateral edges are configured and sized to provide said body with a substantially hydrodynamical profile when said flotation device is in said reclining position.
- 9. A flotation device as recited in claim 1 wherein said seat component has a substantially "J"-shaped configuration including a first seating segment having a substantially arcuate configuration extending from said body first main surface and a second seating segment extending from said first seating segment towards said body first longitudinal end in a substantially parallel and spaced relationship relative to said body first main surface.
- 10. A flotation device as recited in claim 1 wherein said seat component is provided with an oar coupling means for operatively coupling an oar thereto.
- 11. A flotation device as recited in claim 10 wherein said seat component is configured, sized and positioned to allow said arms of said person to reach said oar when said flotation device is in said reclining position.
- 12. A floatation device as recited in claim 10 wherein said oar coupling means includes a coupling component extending from said seat component, said oar

coupling component allowing releasable coupling of said oar thereto.

- 13. A flotation device as recited in claim 12 wherein said oar coupling component has a substantially "T"-shaped configuration defining a first attachment segment and a substantially perpendicular second attachment segment, said first attachment segment being provided with a pair of oar attachment apertures extending therethrough and said second attachment segment being provided with a pair of forked tines configured and sized for attachment to said seat component on each side of the latter.
- 14. A flotation device as recited in claim 1 wherein said body is further provided with a solidifying means for forming a solidified portion of said body, said solidified portion extending from a position located substantially adjacent said seat component towards said body first longitudinal end.
- 15. A flotation device as recited in claim 14 wherein said solidifying means includes a solidifying component made out of a substantially rigid material, said solidifying component being at least partially embedded in said body.
- 16. A flotation device as recited in claim 15 wherein said solidifying component has a substantially elongated configuration and extends integrally from said seat component.

- 17. A flotation device as recited in claim 1 further comprising a keel extending substantially outwardly from said body second main surface.
- 18. A flotation device as recited in claim 1 wherein said body is further provided with a solidifying means for forming a solidified portion of said body, said solidified portion extending from a position located substantially adjacent said seat component towards said body first longitudinal end; said solidifying means including a solidifying component made out of a substantially rigid material, said solidifying component being at least partially embedded in said body, said solidifying component also extending substantially outwardly from said body second main surface to act as a keel when said body is in said reclined position.
- 19. A flotation device as recited in claim 1 wherein said body is made out of at least two generally elongated body sections, said body also including a section attachment means for attaching said body sections together in a lateral relationship relative to each other.
- 20. A flotation device as recited in claim 19 wherein at least one of said body sections is made out of closed cell foam material.
- 21. A flotation device as recited in claim 19 wherein said section attachment means includes an attachment rod extending substantially transversally across said body sections.

- 22. A flotation device as recited in claim 21 wherein said attachment rod is provided with a releasable rod locking means for releasably locking said rod in a predetermined attachment configuration wherein said attachment rod releasably maintains said body sections in a side-by side relationship relative to each other.
- 23. A flotation device as recited in claim 21 wherein said body is further provided with a solidifying means for forming a solidified portion of said body, said solidified portion extending from a position located substantially adjacent said seat component towards said body first longitudinal end; said solidifying means including a solidifying component made out of a substantially rigid material, said solidifying component being at least partially embedded in said body, said solidifying component being provided with a rod receiving g aperture extending therethrough, said attachment rod extending substantially fittingly through said rod receiving aperture.
- 24. A flotation device as recited in claim 1 further comprising a headrest component, said headrest component being attached to said body so as to contact said body first main surface substantially adjacent to said body first longitudinal end.
- 25. A flotation device as recited in claim 24 wherein said headrest component is attached to said body so as to be positionable in at least two headrest

configurations along said body first main surface.

- 26. A flotation device as recited in claim 24 wherein said headrest component includes at least one substantially cylindrical headrest section, said headrest component also including a substantially "U"-shaped attachment bracket, said attachment bracket including a retaining segment extending through said headrest section and a pair of substantially perpendicular attachment segment extending from said retaining segment, said attachment segment being pivotaly attached to said body.
- 27. A flotation device as recited in claim 26 wherein said headrest component includes three headrest sections together forming a substantially triangular cross-sectional configuration, said headrest sections being pivotable about said retaining segment to modify the position of said headrest component on said body.
- 28. A flotation device for supporting a person in a volume of water, said volume of water defining a surface of water, said person having a trunk defining a trunk front surface and a trunk rear surface, said person also having a head, a pair of arms and a pair of legs all extending from said trunk, said legs merging into a crotch; said flotation device comprising:
- a substantially buoyant body, said body having a substantially elongated configuration, said body defining a body longitudinal axis, a body first longitudinal

end and a substantially opposed body second longitudinal end, said body also defining a body first main surface and an opposed body second main surface;
- said body allowing said device to buoyantly support said person in said volume of water in both a reclining and a sitting position wherein when in said reclining position, said body is in a substantially flat configuration and, wherein when in said sitting position, said body is substantially bent about a bending location intermediated said body first and second longitudinal ends so as to allow at least part of said body first surface located between said body first longitudinal end and said seat component to abuttingly support at least part of said trunk rear

surface and so as to also allow body adjacent said bending location to extend

between said legs adjacent said crotch of said person for abuttingly supporting

the latter;

- said body being further provided with a solidifying means for forming a solidified portion of said body, said solidified portion extending from a position located substantially adjacent said bending location towards said body first longitudinal end; said solidifying means including a solidifying component made out of a substantially rigid material, said solidifying component being at least partially embedded in said body, said solidifying component also extending substantially outwardly from said body second main surface to act as a keel when said body is in said reclined position.

29. A flotation device for supporting a person in a volume of water, said volume of water defining a surface of water, said person having a trunk defining a trunk

front surface and a trunk rear surface, said person also having a head, a pair of arms and a pair of legs all extending from said trunk, said legs merging into a crotch; said flotation device comprising:

- a substantially buoyant body, said body having a substantially elongated configuration, said body defining a body longitudinal axis, a body first longitudinal end and a substantially opposed body second longitudinal end, said body also defining a body first main surface and an opposed body second main surface;
- said body allowing said device to buoyantly support said person in said volume of water in both a reclining and a sitting position wherein when in said reclining position, said body is in a substantially flat configuration and, wherein when in said sitting position, said body is substantially bent about a bending location intermediated said body first and second longitudinal ends so as to allow at least part of said body first surface located between said body first longitudinal end and said seat component to abuttingly support at least part of said trunk rear surface and so as to also allow body adjacent said bending location to extend between said legs adjacent said crotch of said person for abuttingly supporting the latter;
- said body being further provided with a solidifying means for forming a solidified portion of said body, said solidified portion extending from a position located substantially adjacent said bending location towards said body first longitudinal end; said solidifying means including a solidifying component made out of a substantially rigid material, said solidifying component being at least partially embedded in said body,

- said body being made out of at least two generally elongated body sections, said body also including a section attachment means for attaching said body sections together in a lateral relationship relative to each other; said section attachment means including an attachment rod extending substantially transversally across said body sections;
- said solidifying component being provided with a rod receiving aperture extending therethrough, said attachment rod extending substantially fittingly through said rod receiving aperture.
- 30. A flotation device as recited in claim 29 wherein said solidifying component also extends substantially outwardly from said body second main surface to act as a keel when said body is in said reclined position.